

About Us

ASSIST community services centre is an accredited non-profit and charitable organization established in 1977 in Edmonton.

NEW Mission

To make a lifelong impact for those we serve through respectful and culturally informed programs and services in a supportive environment.



NEWSLETTER • MAY TO AUG 2026



For More Information:

TEL: (780)-429-3111 (Cindy/Fuyan)

EMAIL: Cindy.siu@assistcsc.org/

Fuyan.ma@assistcsc.org

1) ASSIST Annual General Meeting

Date: Tuesday, June 09, 2026

Time: 5:30-7:30 p.m.

Location: DT office

2) Annual Walk & Run Fundraising event

Date: Sunday, June 28, 2026

Time: 9:30 a.m. to 1 p.m.

Location: Victoria Park

3) ASSIST Taste of Heritage Festival event

Date: Friday, July 24, 2026

Time: 9:00 a.m. - 3:30 p.m.

Location: SW office



SCAN THE QR CODE
TO GET MORE INFORMATION!

SETTLEMENT PROGRAM

Our Settlement team is here to help you with your settlement needs and integration into life in Canada.

On-Going Events: -

- One to One settlement supports provided to newcomers from **Tuesday to Thursday, 9:00 a.m. to 5:00 p.m., at both ASSIST locations, and Friday on online services.**
- Offering monthly workshops and community connection activities

Call 780-429-3111 (DT) / 780-429-3119 (SW)
book your appointment
or get more information now!

HELLO SENIORS PROGRAM

1) Seniors Coordinated Outreach

- Provides free one to one support to persons who aged 55 and above to address their issues, access community resources and apply for government benefits as needed.
- **Working hours: Monday to Friday, 9a.m. to 5 p.m.**

Call 780-298-9674 Rainy Chen or
780-297-1462 Fion Tam

book your appointment or for more information!

2) In partnership with G.E.M Seniors Society

On-going activities:

Tai Chi, Line Dance, Drawing, Singing, Cooking, Sports, Ping-pong, Learning Computer/ iPad etc.
Time: Every Tuesday and Thursday (12:30 to 3:30 p.m.)
Place: ASSIST Downtown office and **it's FREE!**
Criteria: Seniors **aged 60** or above are eligible to join!



LINC PROGRAM

LINC Is a FREE English language training program funded by Immigration, Refugees and Citizenship Canada (IRCC) for adult Immigrants and refugees.

Morning & Afternoon Classes (Tuesday to Friday), all levels:

- CLB 1 to CLB 4,
- Literacy Foundation L to CLB 4L
- Full time and Part Time options

PT Evening Classes (Monday, Wednesday & Friday)

PT Saturday in person, online Tuesday & Friday

Delivery Format:

- In-person, Online, Blended & HyFlex

Who can study in LINC?

- Permanent Residents 18 years or older
- Refugees and Protected person

Call (780)-429-3112 or email lincsw@assistcsc.org

For more information and registration!



Multicultural Parenting Education (MPE)

Multicultural Parenting Education (MPE) Program

- ✓ Parenting education programs for newcomers & refugee families in your language
- ✓ Increase caregivers' knowledge and empower parents to raise newborns, preteens, and adolescents
- ✓ Balance family life with culture in Canada in a safe, welcoming community space

🌐 Languages

Chinese • Somali • Eritrean • Filipino • Oromo • Tigrinya • Amharic • Arabic • Malayalam • Hindi

- Offering workshop and more!

Email to parenteducation@assistcsc.org

For more information!



T.A.N.G PROGRAM

This program is offered to youths aged 11 to 15 at both our Downtown and Southwest Office locations.

On-going program:-

- **Summer Program 2026 (Both locations)**
- **Homework Club (Downtown locations)**
- **T.A.N.G. Summer Camp (July-Aug, 2026)**
- **Afterschool Drop In Program (In-person only@SW)**
- **Volunteer Opportunities**

Low-Cost Children's Summer Camp

Eligibility: Aged 6-10

Period - 3 weeks in **July**:

July 6 to 10, 20 to 24, and 27-31, 2026

(no camp in the week of July 13 to 17)

3 weeks in **August**:

August 4 to 7, 10 to 14 and 17 to 21, 2026)

Costs: \$140 for 5 days camp/ \$120 for 4 days camp

Location: SW office – Unit 2,
810 Saddleback Road

Email to summer.camp@assistcsc.org

For more information and registration!



English for Living in Canada Program

1. DIGITAL LITERACY CLASSES

The Digital Literacy class is designed as an instruction to adult English Language Learners to overcome digital literacy barriers.

Session Date:

- July to Aug

Time: Saturdays, 9:00 A.M. - 12:00 P.M.

Place: ASSIST LINC Building

Eligibility:

Everyone's welcome and it's FREE!

Please call (780) 429-3112 or Email
lincsw@assistcsc.org for registration!

2. ENGLISH LANGUAGE LEARNING (ELL)

Support newcomers in overcoming their language barriers in Canada.

We are offering the following adult English classes:

- ELL Essential Classes Level 1 (Basic)
- ELL Essential Classes Level 2 (Intermediate)

Date: Saturdays, Apr to June, 2026

Delivery Format: In-person @ ASSIST LINC Building

Eligibility:

Everyone's welcome and it's FREE!

Call (780)-429-3112 or email lincsw@assistcsc.org

For more information and registration!

NEW

CULTURALLY RESPONSIVE MENTAL HEALTH NAVIGATION PROGRAM

- Emotional and outreach support in homes, schools, hospitals, and community
- Culturally safe mental health education and workshops
- Parent coaching and family-inclusive support planning
- Language support and interpretation
- Community connection
- Counseling sessions (only for high risk and low income clients)

Services Languages:

- English, Cantonese, Mandarin, Arabic, Somali



VOLUNTEER PROGRAM

ASSIST Provides an opportunity and a stage for volunteers to learn and grow, and to develop their own skills.

Requirements

All volunteers must be at least 15 years old, and able to commit at least 30 hours of volunteer services to receive a reference letter.

*(excluding one-time event volunteers)

Check our website for "Volunteer Opportunities"

Email our Volunteer Coordinator Dorreya Elsebae:

Dorreya.Elsebaee@assistcsc.org to apply as a volunteer

or for more information!



Downtown Office
9649-105A Ave
Edmonton, AB, T5H 0M3
TEL: 780-429-3111

Southwest Office
Unit 2, 810 Saddleback Rd NW
Edmonton, AB, T6J 4W4
TEL: 780-429-3119

LINC Office
820 Saddleback Rd NW
Edmonton, AB, T6J 4W4
TEL: 780-429-3112